



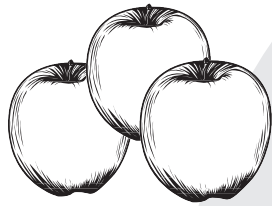
# DeMille's

FARM MARKET  
SWEET CORN & PRODUCE

Effective Week of Fri, Mar 5 thru Thurs, Mar 11

**100 Mile Food Source**

**Support Local - Support Yourself**



**Local Royal Galas**

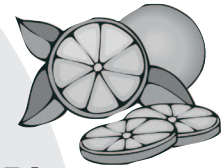
10 lbs bag **1.99**

DeMille's  
now has

**Fresh Made Salads**

Small • Medium • Large

*Have a healthy Spring Break!*



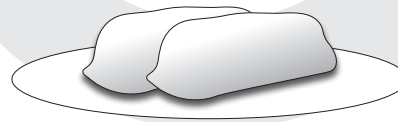
**Texas Rio  
Red Grapefruit**

4 for **1.00**



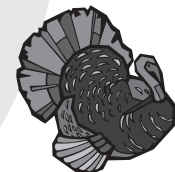
**Mount Ida  
Summit Bread**

Reg 3.49 ea. 2 for **4.00**



**Cordon Bleus**

3.99 ea. 3 for **10.00**



**Honey Smoked  
Turkey Breast**

Reg 2.99/100g **2.49**/100g

**Organically Grown  
Red Potatoes** 50 lbs unwashed **12.99**

**Romaine Lettuce** **.66**/ea

**All Organic Apples** 3 lbs **4.99**

**Fresh Baked Muffins** assorted 6 pack **3.99**

**Small California Navels** **3.99**/bag

**Bring in this flyer, spend  
\$50 or more & receive  
10% off your purchase.**

**Help us help Haiti  
Please bring in any unwanted shoes,  
any size, for the people of Haiti**

Check out this flyer online at: [www.demillesfarmmarket.com](http://www.demillesfarmmarket.com)

Local Dairy Products • Gort's Gouda Cheese • Wide Assortment of Local Cheeses • Great Frozen Section; Free Range Chicken • Fish, Salmon, Crab, Prawns, Scallops, Lobster, Halibut, Tuna, Sole, Haddock, Squid • Perogies (6 Varieties) • Cordon Bleus (6 Varieties) • Homemade Soups, Cabbage Rolls, Burritos Frozen Fruit; Blueberries, Raspberries, Strawberries, Blackberries, Peaches, Mangoes, Demille's Frozen Corn • Local Grocery Items; Local Honey, Denzel's Hot Sauce, Summerland Sweets Syrups & Jams, Fresh is Best Salsa, Raincoast Crisps, Hardbite Chips, Pita Chips, Boylan's Old Fashioned Soda, 100% Pure Maple Syrup, Local Noodles • Specialty Grocery; Hemp Seeds, Goji Juice, Stonewall Kitchen Dressings & Sauces, Dessert Pepper Salsas, Al Dente Noodles Organic Products • Dairy & Gluten Free Products; Francines Finest, Krumbleez, Silverhills Bread • Fresh Baked Bread & Baked Goods, Fresh Made Sandwiches  
OUR FRIENDLY STAFF WOULD BE HAPPY TO HELP YOU WITH WHATEVER YOU NEED!

250 832 7550

[demillesfarmmarket.com](http://demillesfarmmarket.com)

Mon to Sat 8 - 6:30

Sun 8 - 5:30